



Student Name: _____ Grade: _____

JANUARY 2020

Parent Signature: _____

Lunch must be pre-ordered. Circle the lunches you would like to order for your student.		\$3.00 per lunch Cost will be added to your tuition statement		All Meals served with Milk		Number of lunches _____ X \$3.00 = \$ _____	
Week of:	Monday	Tuesday	Wednesday	Thursday	Friday		
Jan. 1, 2020 Week A			Baked Tilapia Roasted Cauliflower Seasonal Fresh Fruit Brown Rice Pilaf	Sliced Baked Turkey Fresh Red Bliss Mashed Potatoes 5 Way Vegetable Blend Cornbread	Mexican Beef Casserole Mexican Corn (Whole Kernel with Cumin, Red and Green Peppers)		
Jan. 6, 2020 Week B	Cheese Ravioli Salad Garlic Bread	Chicken Tenders Green Beans Glazed Carrot Slices Dinner Roll	Pulled Chicken (Mojo and Onion) Peas and Carrots Seasonal Fruit Rice and Beans	Hamburger with Cheese Tater Tots Tropical Fruit Salad	Tuna Salad Sandwich Baked Sweet Potato Fresh Orange Wedges		
Jan. 13, 2020 Week C	Turkey Sloppy Joe Tator Tots Green Beans	Macaroni and Cheese Steamed Broccoli, Cauliflower Carrot Blend Mandarin Oranges	Teriyaki Chicken Sautéed Cabbage, Carrots, Celery Banana Brown Rice Pilaf	Breaded Fish Fillet Diced Potato Peas Dinner Roll	Turkey Sandwich (Lettuce, Tomato, Swiss Cheese) Roasted Sweet Potato Wedges Seasonal Fresh Fruit		
Jan. 20, 2020 Week D	Turkey Burger Tater Tots Sautéed Green Beans	Tacos (soft tortilla, ground beef, shredded cheese, shredded lettuce, & mild salsa) Mexican Corn Fresh Orange Wedges	Crusted Tilapia Oven roasted broccoli, cauliflower, carrot blend Seasonal Fresh Fruit Brown Rice	Chicken Fries Roasted Potato Peas and Carrots Sliced Cuban Bread	Chicken Salad Sandwich Oven Roasted Sweet Potato Wedges Banana		
Jan. 27, 2020 Week E	Macaroni and Cheese Steamed Broccoli, Cauliflower, Carrot Blend Peach	Fish Sticks with ketchup Mixed Vegetables Roasted Potato Whole Wheat Bread	Vegetable Lasagna Caesar Salad Garlic Bread	Curry Chicken Green Beans Pineapple Brown Rice	Turkey Picadillo Plantains Brown Rice		