



Student Name: _____ Grade: _____

Parent Signature: _____

Lunch must be pre-ordered. Circle the lunches you would like to order for your student.		\$3.00 per lunch Cost will be added to your tuition statement	All Meals served with Milk	Number of lunches _____ X \$3.00 = \$_____	
Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 1, 2018	Chicken Lo Mein Cabbage Sautéed Carrots & Celery	*Hamburger Patty with Cheese, Lettuce & Tomato (mayo, mustard, ketchup) Tater Tots Tropical Fruit Salad	Pulled Chicken (Mojo and Onion) Peas and Carrots Seasonal Fresh Fruit	Cheese Ravioli Salad (Spinach, Romaine, Tomato, Cucumber) 1/2 cup Low fat Ranch Dressing Marinara Sauce Garlic Bread	Tuna Salad Sandwich Baked Sweet Potato Fresh Orange Wedges 100% Whole Grain Bread
Oct 8, 2018	Turkey Sloppy Joe Tater Tots Fresh Orange Wedge	Macaroni and Cheese Sautéed Zucchini Steamed Broccoli, Cauliflower Carrot Blend	Teriyaki Chicken Sautéed Cabbage, Carrots, Celery Mandarin Oranges Brown Rice Pilaf	Salisbury Steak with Gravy Buttered Noodle Creamed Spinach Soft Roll	Turkey Sandwich (Lettuce, Tomato, Swiss Cheese) Roasted Sweet Potato Wedges Seasonal Fresh Fruit
Oct 15, 2018	Turkey Meatloaf Fresh Red Bliss Mashed Potatoes Sautéed Green Beans Cornbread	Tacos (ground beef, shredded cheese, shredded lettuce, & mild salsa) Mexican Corn Fresh Orange Wedges Soft Tortilla	Baked Tilapia Brown Rice oven roasted broccoli, cauliflower, carrot blend Seasonal Fresh Fruit	*Chicken Strips Peas and Carrots Oven Roasted Potato Wedges Cuban Bread Slice	Chicken Sandwich (Lettuce, Tomato, Swiss Cheese) Oven Roasted Sweet Potato Wedges Banana
Oct 22, 2018	Macaroni and Cheese Steamed Broccoli, Cauliflower Carrot Blend Sautéed Zucchini	Turkey Picadillo Plantains Sliced Tomato Brown Rice	*Fish Stick (with ketchup) Mixed Vegetable Roasted Potato Soft Roll	Orange Chicken Sautéed Cabbage and Carrots Pineapple Brown Rice	Tuna Salad Baked Sweet Potato Mandarin Orange
Oct 29, 2018	Spaghetti and Meatballs Marinara Sauce Sautéed Green Beans	Teriyaki Chicken Green Peas Steamed Carrot Slices Brown Rice	Grilled Cheese Sandwich Tomato Soup oven roasted broccoli, cauliflower, carrot blend		